

NHS Trust

Speech and Language Therapy Department

## HOW CAN WE HELP? Early Play Skills



## Ideas to encourage children's play skills in the Early Years

- 1. Let teddy/dolly join in the fun and games with the group. Feed teddy, wash dolly, comb their hair, give them a hat, dress them, give them an instrument or toy, etc.
- 2. Cars don't just drive along and crash! Develop play by showing the children what their cars can do:
  - a. Go up and down hills, over or under bridges, fast or slow, etc.
  - b. Talk about where the cars are going, e.g. into the garage, shops, school, on holiday
  - c. Talk about <u>why</u>:- to buy petrol, to do the shopping, to pick up Alice
  - d. Talk about how: Lady's driving, she needs a key, etc.
- 3. Encourage children to set up games with teddies and dollies. They may enjoy giving them make-believe tea parties, pretending they are going for a ride on a bus or pretending to be in the park or at a playgroup.
- 4. Cardboard boxes are great!! They make a house, a bus, a car......what else?
- 5. Use a doll's house, playmobil, legoland/duplo people etc to encourage small doll play. The little characters are great for developing imagination.

For example, set up real-life situations, i.e. going to bed, having a bath, eating a meal, going to the park etc.

Talk around the subject, i.e. 'do you like going to the swing?', 'where is your swing?'

If you require any further support/advice please contact via the following email

## Walsall.slt@nhs.net

In the subject line please state **FAO the Virtual School Speech and Language Therapy Support team** to ensure your message is actioned by the relevant team.